

### 3º Trail Running CTM Vila Pouca de Aguiar



#### Classificação Geral Conjunta Trail Curto 24,00 Km.

Pos.	Dor.	Nombre	Club	Cat.	Pos.	Tiempo	T/Km.	Dif.
1	588	JOSÉ CARVALHO, o	CLUBE ACADÉMICO DE MOG	S2424	1	<b>2:02:39.50</b>	05:07	
2	589	CARLOS LOPES, o	CLUBE ACADÉMICO DE MOG	S2424	2	<b>2:06:35.21</b>	05:16	0:03:55
3	560	LUÍS SARRAIVA, o	CTM VILA POUCA DE AGUIAR	S2324	1	<b>2:09:13.19</b>	05:23	0:06:33
4	504	BELMIRO MOREIRA FEI	GRUPO DESPORTIVO LEÕES L	M5024	1	<b>2:15:48.04</b>	05:40	0:13:08
5	534	DANIEL COSTA, o	A. D. ROLADORES DE BASTO	S2424	3	<b>2:20:09.82</b>	05:50	0:17:30
6	604	DAVIDE LEITE, o	CALDAS DE SÃO JORGE SPOR'	M4024	1	<b>2:20:15.53</b>	05:51	0:17:36
7	517	GABRIEL PEREIRA ALVES, o		S2424	4	<b>2:21:24.51</b>	05:54	0:18:45
8	561	ANTÓNIO CAMPOS, o	CTM VILA POUCA DE AGUIAR	M4024	2	<b>2:24:40.57</b>	06:02	0:22:01
9	563	ANTÓNIO AMORIM, o	CALDAS DE SÃO JORGE SPOR'	M4024	3	<b>2:25:23.90</b>	06:03	0:22:44
10	614	JOÃO BARBOSA GUILHOVAL, o		M4024	4	<b>2:27:25.73</b>	06:09	0:24:46
11	526	LUIS FONSECA, o	CAMINHEIROS DE PAÇOS/TRA	M4024	5	<b>2:29:03.30</b>	06:13	0:26:23
12	525	CARLOS CARVALHO, o	CAMINHEIROS DE PAÇOS/TRA	S2424	5	<b>2:31:20.88</b>	06:18	0:28:41
13	522	VASCO PEREIRA, o	CHAVES RUNNING TEAM	M4024	6	<b>2:33:38.01</b>	06:24	0:30:58
14	537	CELSO OLIVEIRA, o	LION RUNNERS - G. D. LEÕES	S2424	6	<b>2:34:44.33</b>	06:27	0:32:04
15	592	PEDRO NUNES, o	NÚCLEO ATLETISMO DE VILA	S2424	7	<b>2:35:54.68</b>	06:30	0:33:15
16	617	MANUEL FERREIRA, o	FUNDO DE VILA	M6024	1	<b>2:36:47.37</b>	06:32	0:34:07
17	586	BRUNO SOUSA, o	CTM VILA POUCA DE AGUIAR	S2424	8	<b>2:36:55.20</b>	06:32	0:34:15
18	502	NUNO ANGÉLICO, o	DOLCEFARMA	S2424	9	<b>2:41:02.14</b>	06:43	0:38:22
19	581	JORGE BARBOSA, o	PAREDES AVENTURA	M4024	7	<b>2:41:03.32</b>	06:43	0:38:23
20	593	ARSENIO RODRIGUES, c	SABROSO SPORT CLUBE	M4024	8	<b>2:41:04.72</b>	06:43	0:38:25
21	618	ISMAEL SILVA, o	FUNDO DE VILA	M5024	2	<b>2:41:13.83</b>	06:43	0:38:34
22	513	VITOR PIRES, o	CASA DO POVO DE ALCANEN	M4024	9	<b>2:42:15.21</b>	06:46	0:39:35
23	619	JOSÉ LOURENÇO, o		M4024	10	<b>2:44:31.03</b>	06:51	0:41:51
24	562	ALBERTO NEVES, o	CALDAS DE SÃO JORGE SPOR'	M4024	11	<b>2:44:32.08</b>	06:51	0:41:52
25	528	FABIO MOURÃO, o	CAMINHEIROS DE PAÇOS/TRA	S2424	10	<b>2:44:47.70</b>	06:52	0:42:08
26	531	GUILHERMINO MEIREL	CTM VILA POUCA DE AGUIAR	S2424	11	<b>2:44:47.84</b>	06:52	0:42:08
27	535	NUNO ALBERTO GONÇ	GEADAS RUNNING	S2424	12	<b>2:46:19.71</b>	06:56	0:43:40
28	510	JOÃO CARLOS DA SILVA FERNANDES, o		S2424	13	<b>2:46:20.30</b>	06:56	0:43:40
29	609	SUSANA VILELA, a	S. J.DA SERRA	FS2424	1	<b>2:47:14.82</b>	06:58	0:44:35
30	541	JOSÉ SÁ, o	LION RUNNERS - G. D. LEÕES	S2424	14	<b>2:47:40.18</b>	06:59	0:45:00
31	598	PAULO JORGE MARTIN	CHARRO TEAM	S2424	15	<b>2:47:50.86</b>	07:00	0:45:11
32	540	DIOGO RAMALHÃO, o	LION RUNNERS - G. D. LEÕES	S2424	16	<b>2:54:32.31</b>	07:16	0:51:52
33	511	ALVARO MANUEL DELA	CASA DO POVO ALCANENA	M4024	12	<b>2:54:32.32</b>	07:16	0:51:52
34	594	PEDRO CHARRÃO, o	CHARRO TEAM	S2424	17	<b>2:54:36.17</b>	07:17	0:51:56
35	600	JORGE MIGUEL GOMES	CHARRO TEAM	S2424	18	<b>2:56:47.17</b>	07:22	0:54:07
36	553	JOÃO PEDRO FERREIRA	FUCK CÂNCER TEAM - TEAM	S2424	19	<b>2:59:16.34</b>	07:28	0:56:36
37	527	LUIS SOUSA, o	CAMINHEIROS DE PAÇOS/TRA	S2424	20	<b>3:01:42.48</b>	07:34	0:59:02
38	575	MIGUEL ROTHES, o	BODY ZEN SALÃO MANOS RU	S2424	21	<b>3:02:18.86</b>	07:36	0:59:39
39	579	DIOGO MACHADO, o	ANTEROS EMPREITADAS	S2424	22	<b>3:03:13.84</b>	07:38	1:00:34
40	587	TIAGO EMANUEL FERREIRA PEREIRA, o		S2424	23	<b>3:03:14.13</b>	07:38	1:00:34
41	564	VÍTOR MARQUES, o	CALDAS DE SÃO JORGE SPOR'	S2424	24	<b>3:03:29.80</b>	07:39	1:00:50
42	577	MANUEL COUTO, o	BODY ZEN SALÃO MANOS RU	M5024	3	<b>3:03:31.50</b>	07:39	1:00:52
43	529	HUGO PINTO, o	ELOQUENTE	S2424	25	<b>3:04:06.23</b>	07:40	1:01:26

44	566 MARTINHO SANTOS, o	CALDAS DE SÃO JORGE SPOR'	M4024	13	<b>3:06:10.80</b>	07:45	1:03:31
45	23 MARGARIDA PINTO, a		FM4024	1	<b>3:06:11.96</b>	07:45	1:03:32
46	524 CÁTIA ISABEL FERNAN	ELOQUENTE	FS2424	2	<b>3:07:03.40</b>	07:48	1:04:23
47	508 CARLOS MANUEL BRÁS ALVES, o		M4024	14	<b>3:07:04.80</b>	07:48	1:04:25
48	608 IVAN EIRA TEIXEIRA, o		S2324	2	<b>3:08:06.28</b>	07:50	1:05:26
49	516 CARLOS ALBERTO SAR	CASA DO POVO DE ALCANEN	M5024	4	<b>3:08:48.70</b>	07:52	1:06:09
50	615 GERSÃO MACHADO, o		S2424	26	<b>3:09:08.51</b>	07:53	1:06:29
51	530 PEDRO DANIEL SÁ, o	CTM VILA POUCA DE AGUIAR	M4024	15	<b>3:11:19.76</b>	07:58	1:08:40
52	551 ANTÓNIO REGO CARVA	ELOQUENTE	M4024	16	<b>3:11:20.76</b>	07:58	1:08:41
53	558 MANUEL AGOSTINHO P	INDIVIDUAL	M5024	5	<b>3:15:37.34</b>	08:09	1:12:57
54	559 JOSE GONÇALVES, o	INDIVIDUAL	S2324	3	<b>3:15:38.63</b>	08:09	1:12:59
55	523 PEDRO MIGUEL SANTOS SILVA, o		S2424	27	<b>3:15:40.76</b>	08:09	1:13:01
56	567 JORGE PINTO BARROS, ENJOYANDGO		S2424	28	<b>3:15:41.77</b>	08:09	1:13:02
57	503 FERNANDO RENATO G. OLIVEIRA, o		M4024	17	<b>3:16:05.00</b>	08:10	1:13:25
58	616 DANIELA FERREIRA, a		FS2424	3	<b>3:18:10.52</b>	08:15	1:15:31
59	505 CADEAC, a	RELAIS DE LA POMME	FM4024	2	<b>3:18:53.42</b>	08:17	1:16:13
60	591 ALEXANDRE PEREIRA, GINASIO ENERGIA		S2424	29	<b>3:21:48.59</b>	08:25	1:19:09
61	611 JOSÉ FALCÃO, o	RIO LARGO	M6024	2	<b>3:21:59.83</b>	08:25	1:19:20
62	501 NUNO FILIPE E SILVA C	A CORRER DESDE 1976	M4024	18	<b>3:22:16.83</b>	08:26	1:19:37
63	571 MIGUEL FERREIRA, o	BODY ZEN SALÃO MANOS RU	S2424	30	<b>3:22:53.83</b>	08:27	1:20:14
64	507 GRIMAUD, a	RELAIS DE LA POMME	FM5024	1	<b>3:27:30.42</b>	08:39	1:24:50
65	547 MÁRIO SOARES, o	LION RUNNERS - G. D. LEÕES	M5024	6	<b>3:27:30.53</b>	08:39	1:24:51
66	597 MANUEL CARVALHO, o	CHARRO TEAM	S2424	31	<b>3:29:01.57</b>	08:43	1:26:22
67	590 NUNO PINHO, o	GINASIO ENERGIA	S2424	32	<b>3:31:05.07</b>	08:48	1:28:25
68	520 SUATI PAULA MARQUE	INDIVIDUAL	FS2424	4	<b>3:31:50.30</b>	08:50	1:29:10
69	521 RICARDO EIRA, o	INDIVIDUAL	S2424	33	<b>3:31:50.35</b>	08:50	1:29:10
70	509 OSCAR, a	RELAIS DE LA POMME	FM4024	3	<b>3:37:31.09</b>	09:04	1:34:51
71	570 PAULA FERREIRA, a	BODY ZEN SALÃO MANOS RU	FM4024	4	<b>3:39:53.48</b>	09:10	1:37:13
72	519 ARNALDO COSTA, o		S2424	34	<b>3:40:08.14</b>	09:10	1:37:28
73	506 GRIMAUD, o	RELAIS DE LA POMME	M5024	7	<b>3:42:47.52</b>	09:17	1:40:08
74	549 RUI QUINTA, o	MOINHOS RUN ADRM	M5024	8	<b>3:46:03.90</b>	09:25	1:43:24
75	580 BRUNO JOSÉ DIAS SEIXAS, o		S2424	35	<b>3:46:05.57</b>	09:25	1:43:26
76	552 CLÁUDIA MOREIRA, a	MOINHOS RUN ADRM	FS2424	5	<b>3:46:06.23</b>	09:25	1:43:26
77	612 RUI PAULO CORREIA G	INDIVIDUAL	M4024	19	<b>3:46:16.82</b>	09:26	1:43:37
78	607 PEDRO JORGE REGUEIRAS GUEDES, o		S2424	36	<b>3:46:18.32</b>	09:26	1:43:38
79	621 MARCELO TEIXEIRA, o		M4024	20	<b>3:51:56.45</b>	09:40	1:49:16
80	596 MANUEL PENELAS, o	CHARRO TEAM	M4024	21	<b>3:51:59.91</b>	09:40	1:49:20
81	585 PAULA CHAVES, a	CHAVES RUNNING TEAM	FM4024	5	<b>3:56:29.48</b>	09:51	1:53:49
82	599 NORIBAL AZEVEDO, o	CHARRO TEAM	S2424	37	<b>3:56:37.49</b>	09:52	1:53:57
83	536 JUSTINO GONÇALVES, o		M5024	9	<b>4:06:50.90</b>	10:17	2:04:11
84	548 PAULO HENRIQUES, o	LION RUNNERS - G. D. LEÕES	M5024	10	<b>4:06:51.25</b>	10:17	2:04:11
85	538 CRISTINA GONÇALVES,	LION RUNNERS - G. D. LEÕES	FS2424	6	<b>4:10:34.38</b>	10:26	2:07:54
86	542 LUIS ALMEIDA, o	LION RUNNERS - G. D. LEÕES	M5024	11	<b>4:10:34.69</b>	10:26	2:07:55
87	543 MIGUEL FONSECA, o	LION RUNNERS - G. D. LEÕES	M4024	22	<b>4:10:36.04</b>	10:27	2:07:56
88	574 BRUNO DIAS, o	BODY ZEN SALÃO MANOS RU	S2424	38	<b>4:13:45.38</b>	10:34	2:11:05
89	606 MARIA LUÍSA DA SILVA REGUEIRAS GUEDES, a		FM5024	2	<b>4:28:20.24</b>	11:11	2:25:40
90	550 LUIS MIGUEL FERREIR,	LION RUNNERS - G. D. LEÕES	M4024	23	<b>4:39:39.74</b>	11:39	2:37:00
91	569 JACINTA AMORIM, a	BODY ZEN SALÃO MANOS RU	FM4024	6	<b>4:41:52.82</b>	11:45	2:39:13
92	568 LIDIA FERREIRA, a	BODY ZEN SALÃO MANOS RU	FS2424	7	<b>4:41:53.00</b>	11:45	2:39:13
93	578 FÁTIMA COSTA, a	BODY ZEN SALÃO MANOS RU	FS2424	8	<b>4:41:53.25</b>	11:45	2:39:13
94	572 FERNANDO CORREIA, o	BODY ZEN SALÃO MANOS RU	M5024	12	<b>4:41:55.55</b>	11:45	2:39:16
95	555 SAMANTA MAIA, a	CLUBE ATLETISMO DE LAMA	FS2424	9	<b>4:42:45.25</b>	11:47	2:40:05
96	565 ANTÓNIO BERNARDO, c	CALDAS DE SÃO JORGE SPOR'	M4024	24	<b>4:42:47.55</b>	11:47	2:40:08
97	605 JOSEFA BASTOS, a	CORRIDA URBANA	FS2424	10	<b>4:42:47.81</b>	11:47	2:40:08
98	554 BRUNO PINHO, o	CLUBE ATLETISMO DE LAMA	S2424	39	<b>4:42:47.99</b>	11:47	2:40:08
99	610 MARIA JOÃO, a	CORRIDA URBANA	FM4024	7	<b>4:42:49.03</b>	11:47	2:40:09

100	546 ISABEL LOPES, a	LION RUNNERS - G. D. LEÕES	FM5024	3	<b>4:46:31.16</b>	11:56	2:43:51
101	556 DANIELA SILVA, a	LION RUNNERS - G. D. LEÕES	FS2424	11	<b>4:51:45.91</b>	12:09	2:49:06
DESC	576 ALEXANDRA MARTINS.	BODY ZEN SALÃO MANOS RU	FS2424				
DESC	539 DINA GONÇALVES, a	LION RUNNERS - G. D. LEÕES	FM4024				
DESC	544 PAULO RIBEIRO, o	LION RUNNERS - G. D. LEÕES	M4024				
DESC	545 SANDRA PEREIRA, a	LION RUNNERS - G. D. LEÕES	FM4024				
DESC	557 ADRIANA SILVA, a		FM4024				